

# THORNABY POOL

## SWIMMING TIMETABLE



### Term Time

ThornabyPool@teesactive.co.uk

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Early Bird Swim 7.30-9.00am		Early Bird Swim 7.30-9.00am		Early Bird Swim 7.30-9.00am		Early Bird Swim 7.30-9.00am		Early Bird Swim 7.30-9.00am		Talent ID 7.30 - 9.00am			
School Swimming 9.00am-12.00pm		School Swimming 9.00am-12.00pm		School Swimming 9.00am-12.00pm		School Swimming 9.00am-12.00pm		Public Session 9.00am-11.00am Adult Swimming Lessons AquaFit 10.00-11.00am Ladies Only 11.00-12.00pm		Swimming Lessons 9.00-11.45am Rookie Lifeguard 11.00-11.45am		Public Session 9.00-11.00am C.H.I.L.D 10.00-11.00am	Swim Lessons 9.00-10.00am Public Session 11.00-1.00pm
Lunch Time Swim 12.00-1.00pm		Lunch Time Swim 12.00-1.00pm		Lunch Time Swim 12.00-1.00pm		Lunch Time Swim 12.00-1.00pm		Lunch Time Swim 12.00-1.00pm		Big Splash Public Sessions 12.00-1.30pm		Stockton ASC 1.00-2.00pm	
Public Session 1.00-3.00pm	School Session 1.00-3.00pm	Public Session 1.00-3.00pm	School Session 1.00-3.00pm	Public Session 1.00-3.00pm	School Session 1.00-3.00pm	Public Session 1.00-3.00pm	School Session 1.00-3.00pm	Public Session 1.00-3.00pm	School Session 1.00-3.00pm	Party Bookings 1.30-5.30pm		People With Disabilities 2.00-4.00pm	
Staff Training 3.00-5.00pm		Public Session 3.00-4.00pm		Public Session 3.00-4.00pm Swimming Lessons		Public Session 3.00-4.00pm Swimming Lessons		Active Health 3.00-4.00pm		Public Session 3.00-6.00pm			
B.O.S.S.S. 5.00-7.00pm		B.O.S.S.S. 4.00-6.00pm		Swimming Lessons 4.00-6.00pm		Swimming Lessons 4.00-6.00pm		Stockton ASC 5.00-6.00pm		Ladies Only* 6.00-7.00pm SF		*This session is for females aged 12yrs+ who can enjoy a Ladies Only Session if they are accompanied by a parent/carer.	
Thornaby ASC 7.00-8.00pm		Thornaby ASC 6.00-8.00pm		Fun Floats 6.00-7.00pm		Adults Only 6.00-7.00pm		Ladies Only 7.00-8.00pm		Thornaby ASC 7.00-8.00pm			
Adults Only 8.00-9.00pm SF				Adult Network Swim 7.00-8.30pm SF		Adult Swim Lessons 7.00-8.30pm		Sub Aqua Club 8.00-9.00pm					

Timetables are valid from August 2011 and are correct at time of going to print. Sessions are subject to change. Please visit our website for the most up to date timetable.

**Key** Please note: Some sessions will finish 5 minutes early due to set up times between sessions.

- Public swim. Normal session criteria applies.
- Pool Party Booking available for private hire.
- Sessions **CLOSED** to the public.
- These sessions are instructed and the pool may be shared with public sessions.

swim 4 life

SF Swimfit

**Locker Keys**



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## SWIMMING TIMETABLE



### School Holidays

ThornabyPool@teesactive.co.uk

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Bird Swim 7.30-9.00am	Early Bird Swim 7.30-9.00am	Early Bird Swim 7.30-9.00am	Early Bird Swim 7.30-9.00am	Early Bird Swim 7.30-9.00am	Talent ID 7.30 - 9.00am	
Aqua Jet Session 9.00-11.00am	Aqua Jet Session 9.00-10.00am	Aqua Jet Session 9.00-11.00am	Aqua Jet Session 9.00-11.00am	Public Session 9.00-11.00am	Swimming Lessons 9.00-11.45am	Public Session 9.00-11.00am
Public Session 11.00-12.00pm	Public Session 10.00-12.00pm	Public Session 11.00-12.00pm	Public Session 11.00-12.00pm	Aquafit 10.00-11.00am		Swim Lessons 9.00-10.00am
Adult Only 12.00-1.00pm	Adult Only 12.00-1.00pm	Adult Only 12.00-1.00pm	Adult Only 12.00-1.00pm	Ladies Only 11.00-12.00pm	Rookie Lifeguard 11.00-11.45am	C.H.I.L.D 10.00-11.00am
Public Session 1.00-3.00pm	Inflatable Session 1.00-2.00pm	Public Session 1.00-4.00pm	Inflatable Session 1.00-2.00pm	Adult Only 12.00-1.00pm	Big Splash Public Session 12.00-1.30pm	Public Session 11.00-1.00pm
Staff Training 3.00-5.00pm	Public Session 1.00-4.00pm	Swimming Lessons	Public Session 2.00-4.00pm	Public Session 1.00-6.00pm		Party Bookings 1.30-5.30pm
B.O.S.S.S. 5.00-7.00pm	B.O.S.S.S. 4.00-6.00pm	Swimming Lessons 4.00-6.00pm	Swimming Lessons 4.00-6.00pm	Active Health 3.00-4.00pm	THE USE OF VIDEO OR PHOTOGRAPHY IS PROHIBITED (UNLESS ARRANGED BY PRIOR AGREEMENT)	
Thornaby ASC 7.00-8.00pm	Thornaby ASC 6.00-8.00pm	Fun Floats 6.00-7.00pm	Adults Only 6.00-7.00pm	Stockton ASC 5.00-6.00pm		
Adults Only 8.00-9.00pm SF		Adult Network Swim 7.00-8.30pm SF	Ladies Only 7.00-8.00pm	Ladies Only* 6.00-7.00pm SF		
		Adult Swim Lessons 7.00-8.30pm	Sub Aqua Club 8.00-9.00pm	Thornaby ASC 7.00-8.00pm		

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**Take the hassle out of organising a birthday party by letting us do it for you!**

We can cater for parties of up to 50 people (which includes both children and adults). You can choose from a one hour Exclusive Swim with an Inflatable or for smaller parties you can book your party during public sessions. We also offer exciting Aquajet Parties! Party Sessions are available on Saturdays only.

For more details, or to book contact Thornaby Pool.



\*This session is for females aged 12yrs+ who can enjoy a Ladies Only Session if they are accompanied by a parent/carer.

**Please note All children under 8 years of age must be accompanied in the water by an adult (16years+) with a maximum ratio of 2 children per adult**

For session descriptions please see the 'Swimming Activities and Price Guide' leaflet. Please pick one up from the centre or visit our website to view it online.

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